

Feast of our Sr. Teresa Mira, CM7 SR. TERESA MIRA – SOWER OF PEACE

INSTRUMENTAL MUSIC

INTRODUCTION

The history of our Congregation is a memory of a past journey and a challenge of those still to be made.

Our history of Teresian Carmelite Missionaries is filled with simple souls, heroic in their sacrifice for God and neighbor, visible expression of being the Church, with incidence in history and social life. One of them is our Sr. Teresa Mira.

With testimony of her life, she confirms fully that "we are missionaries in essence" because mission is not just another dimension of our life, but the reason of our existence as family" (Const 21)

Teresa lived fully her passion for the Church in concrete faces she went discovering in her lifetime, and that's why she incarnated fully the charism of our Founder in four important points with which we define our mission according to our Constitutions:

Create communion;
Announce the beauty of the Church;
Restore hidden beauty;
Listen and respond with full availability to the most urgent needs of the Church.

SONG: POR LA IGLESIA

MOMENT OF SILENCE (after some time of silence, we spontaneously give thanks to God for the gift of life of Sr. Teresa Mira and of so many sisters who have lived their lives according to the style of Francisco Palau)



WE RECITE IN TWO CHOIRS

The Lord has gathered us from all races, languages and nations.

By his call, we are the Church with the mission of contemplating, announcing and protecting life.

We remain united, we live in communion.

We remain united in one heart, as Francisco has dreamt. We live in communion.

Women of prayer, gazing at the wounded faces of humanity, wanting what God wants, following his will.

Available, united, contemplating love.

We remain united, we live in communion.

Women of fraternity, we are family, giving tenderness and warmth, weaving new relationships from love.

Welcoming differences, favoring forgiveness, we remain united, we live in communion.

Missionaries, we serve with thirsty heart to the Body of Christ; there are no frontiers. Free in God, prophetic signs of communion.

WE INTERCHANGE THE PSALM WITH THE SONG UBI CARITAS

We can make resonances.

TIME FOR SILENCE

BIBLICAL TEXT: COL. 3:16-17 (after reading, pause for a moment of silence)

SONG: "ALMA MISIONERA"

TESTIMONIES OF SR. TERESA MIRA

(after every two testimonies, we make some silence, with instrumental music...)

With Teresa Mira CREATE COMMUNION:

"By her way of being, that didn't pretend more than to do good to all, without distinctions, it is impossible that she might have enemies. I've never heard anyone talking bad about her, even the sisters who were forming community with her by then"

"She was trying to put peace in everything and avoid any kind of bad ambience or heaviness, even in the womb of our own family"



To create relationships of communion in every place where I might be, what Teresa Mira could teach me?

SILENCE

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With Teresa Mira, ANNOUNCE THE BEAUTY OF THE CHURCH

"For sister Teresa, there was no distinction in persons; for her there were no 'red' or 'white', believers or non-believers. She did good to all, without any distinction"

"What caught my attention the most, only by seeing her on the street, was her whole person, had something that attracted me: sweetness in her eyes, her smile, seriousness when she was walking, all was attracting me. Encountering her was giving me joy and happiness"

What can I learn from Teresa Mira and of her message of announcing the beauty of the Church?

SILENCE

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With Teresa Mira, RESTORE THE BEAUTY

"The spiritual wellness of the persons was her major preoccupation. She was animating us and helping to trust in the Lord and to follow him and love him with whole heart"

"She was treating as friend every person who needed it. She was interceding for all and helping all. For doing good there were no human respects for her; she could suffer what it might take only to take care of those who were in need"

How can I restore the beauty wherever I might be, in my family, community, team at work, parish etc.?

SILENCE

IV

With Teresa Mira, LISTEN AND RESPOND

"Whoever might encounter Teresa, would part tranquil and serene, with sensation of peace that would receive through her"

Her attitude of listening was expressed in "direct relation that she had with everyone she encountered on the street"

How do I listen to God and my sisters in community?

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SONG: "ELAMOR ES NUESTRO CANTO"

Today we want to finish our prayer giving again thanks to God for the gift of life of sister Teresa Mira in her 125 years that we commemorate this September 26.

With Mary, PERFECT AND COMPLETE IMAGE OF THE CHURCH, we proclaim the marvels that Gods continues making in each one of us and in the special way that He made in our sister Teresa Mira:

WE SING **MAGNIFICAT**

PRAYER

Oh God, you delight in the simple and humble of hearts: glorify your servant Teresa who, having loved you above all, knew how to find you in her brothers and sister. Give us the grace to serve and love, as she did, without reserve. Through Christ, our Lord. Amen.