



Teresa Mira: "Missionary by essence and expert in communion"

*« The Lord left us alive, not to remain static,
but to do good to all who need it ».*

Teresa Mira, cmt

Introduction:

This moment of isolation is not a time to confine myself within myself and be bursting of anguish, but an appropriate time to deep my relationship with God and neighbor. Our sister and friend, Teresa Mira García, is my companion and spiritual guide through the reading of testimonies and writes about her life.

After some weeks, on September 26, we will celebrate the 125th anniversary of her birthday. As spiritual preparation, the Holy Spirit inspires me to deep in her life at the light of our charism. The charism that she incarnated in her life and transmitted to us.

"The Lord gave us life for not remaining static", she says. To the sisters and lay, called to live the charism of communion at the palautian style, Teresa Mira reminds us our mission of "serving with passion" (Const. 21); not to remain static, but to put to the service of others the richness of our charism.

The message of Teresa Mira is present always because the good never expires. We are called continually to expend our life loving, at the example of Christ "who was all his life doing good" (Acts 10,38). The characteristic charism of Teresa, of doing good to all, without distinction, allowed her to live faithfully to the charism of our founder: "Because I love you, Holy Church, I seek in the services the mean to please you" (MR 9,7). In doing good to all, she had understood that the mission is our way of life. With the witnessing of her life, Teresa Mira clearly confirms that "we are missionary by essence" because the mission "is not one dimension more, but the reason to exist as a family" (Const. 21).

Because of this, our "expert in communion" can offer us, with her simple and surrendered life, a key to read the four important axes of our mission, at the light of the charism of our Father Founder and of our Constitutions.

It means:

- Creating communion;
- Announcing the beauty of the Church;
- Restoring the veiled beauty;
- Listening and answering, in total availability, to the most urgent needs of the Church.



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I. Teresa Mira, "expert in communion"

In his apostolic letter to the consecrated persons, Pope Francis invites us to become "experts of communion" and explains that the experts are persons who have a perfect understanding of his / her topic and are capable to guide others to do it.

Teresa Mira humbly became expert of communion, loving and serving, doing good to all. In the proper time she understood that "the Lord did not leave us alive to be static, but to do good to all that need it".

Convinced that the love urges us to respond to the most urgent needs of the Church, following the example of our Founder Francisco Palau, Teresa Mira put herself in action, not worrying of the insecurity of that time, because of the Spanish civil war. For Teresa, when the matter was loving, there was not any obstacle that could stop her to go on. This audacity is the same that our Father Founder express to Juana Gracias with these terms:

"My sister, you know already my nature, when God calls me, there is nothing that comes to my way, so terrible and unpleased, that I will not overcome and surpass it" (Letter 54,1).

As her Founder, Teresa Mira also had done of her mission a natural passion.

The witnesses tell us that forgetting herself expanded her heart and very soon was born in her, the desire of surrendering herself to the service of others, thinking more in the others than in herself and forgetting herself for the good of others. At three years old she was living already like an adult, helping her mother by her own initiative.

Several Christian people who got to know her, speak of her universal charity lived in a simple and discreet manner. "Don't let your left hand to know what your right hand does" (Mathew 6,3). Teresa Mira was like that! She was not noisy to do good. Through her smile, her sweetness, her tender treatment she was transmitting the message of love. Her way of being and living was already an apostolate.

The life of Teresa Mira reveals the mission as our style of life (Cf. Const. 21). Her way of living serves as our model to put into practice our Constitutions. We focus on simple actions, knowing that a word and a gesture can renew life and our relationships: with God, with ourselves, with others and with nature. They can awaken in people a transforming and unifying dynamism that satisfies the most intimate longing of every man and woman: to love and to be loved (Const. 22).

The spirituality of Teresa Mira of "doing good to all" is becoming more valuable today, because it invites us to open ourselves to the neighbor when the Church is calling us to win, to fight against "the culture of the indifference and to foster the



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culture of the encounter, this fruitful encounter, this encounter that gives back to each person their own dignity as child of God" (Pope Francis).

All of us, religious and lay, are called to promote this culture of the encounter, going out of ourselves to respond to the most urgent needs of the Church, each one according to his / her strengths, capacities, means and gifts... Therefore, nobody is excluded because all human being, created at the image of God has something to give and can collaborate in the happiness of others. As good administrators of the multiple grace of God, put at the service of others the charism that each one has received (1 Pt 4,10).

Teresa Mira did not study, but she knew how to live out the charism of our Founder and she is for us today an example of Christian woman who lived faithfully to the gospel demands of love and universal charity and she is a reference for our mission.

II. To discover in Teresa Mira the 4 central axis, upon which our living, thinking and doing is based.

The four axis of communion are reflected in our Constitutions and our Sister Teresa Mira reveals us an easy way to put them into practice. An easy way if we accept to focus in simple actions according with our Constitutions, trusting always as her in the will of God. "We have to trust in the Lord, because a leaf of a tree it does not move without His will" Teresa Mira said.

1. With Teresa Mira TO CREATE COMMUNION

We live our missionary vocation in unions of fraternity, little churches, where we make visible the gift of communion granted by God to humankind (Const. 5).

As CMT, we are invited to live a style of relations that recreates and makes visible the mystery of the Trinitarian communion, building up the universal fraternity.

For Teresa Mira and for all spiritual daughter and son of Blessed Francisco Palau, the mission, being our style of life, starts where we are: in community, in family, in the work and place of apostolate... Where I am, there I am called to create communion, being different in my way of doing, of speaking, of thinking; giving example of authentic Christian. "Since we cannot do other thing, let's be good example, that they cannot deprive us of this" - Teresa Mira.



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Let us see some attitudes of Teresa Mira that can help us in our personal, communitarian and familiar spiritual journey, and how Teresa created the communion in her community and wherever she was.

Let us listen some testimonies of whom lived with her and of whom knew her before, during and after the Spanish civil war.

"For her way of being, that she did not tried, but to do good and to love all without distinction, it is impossible that she had enemies. I have never heard anybody to speak ill of her, not even among us, the Sisters that by then formed the community".

"Teresa made for others all that she could and even a little more. She was bothered by all suffering of others. She delighted to see in all, a joyful gesture in their face, and she could not bear a bitter or painful gesture in the face of others, that is why she did all that was at her hand to relieve them in their pain".

"She did the impossible to follow perfectly whatever works or duties that were entrusted to her. She left behind always, whatever hindered her of fulfilling her obligation... I founded her always ready to favor and help you in whatever task. You could get close to her, because she welcomed you with her characteristic smile".

"Her special virtue, the one that characterized her, was charity. Her treatment and conversation were always of true sister, with much love and sincerity for all. If something special was noticed in her was the mantle of charity that covered all for the peace of the community".

"Sister Teresa inspired us always full trust in the Lord and made that we felt under His care and paternal protection, for which we were secure that nothing will happen to us that could not be allowed by Him".

"She tried to put peace in all and avoid all kind of embarrassing or heavy feeling, even in the bosom of our own family".

"The day of her dead, verbally, she was already considered a holy soul, that she was surrendering herself to others in the midst of a high degree of simplicity. She understood others even to the point of guessing their material situation to help them in the spiritual aspect".

To create relations of communion in each place where I will be, in my mission, what do I learn of Teresa Mira? What can I imitate of her life?

- ✿ The universal love, to avoid all kind of division and discrimination in the community, striving to love to each one of my sisters without distinction. As International Congregation, mutually giving value to each other, respecting each one of our



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differences and to make of these differences a great richness which help us to reinforce our bonds of communion.

- ✿ The gratuitousness and the sharing of joy in community, to offer with generosity the best of myself in community, my talents, gifts and qualities... to grow and to make grow my community; enjoy with the joy of my sisters and to favor a good ambience in community. Wherever Teresa Mira was, she was able to communicate joy. Like her, to fill up our houses "of the odor of the perfume" of the joy and peace through our testimony of life.
- ✿ The responsibility, fulfil with love my duties and responsibilities in the Church and in the community, with a spirit of sacrifice, of creativity, and of availability to the service to others.
- ✿ To be a sister for others, a sister that inspires trust and in whom the others can find moral and spiritual support; a sister that communicates peace with sincere and transparent relationships; a sister that serves as reference for others, especially for the younger ones; an understanding sister, that knows how to relativize some situations and to go on with a positive glance towards the present and the future.
- ✿ The humility and simplicity, which are, as Pope Francis says "the style of God" and affirms saying that "the true greatness is to make the self, small and servants". To opt for the way of trusting, of the abandonment and of "the small way" through the example of Teresa of Lisieux, who was a model sister for Teresa Mira. To be humble and to fight against my "ego", against the desire of power, and the tendency to be the first.

Teresa Mira was like this!

All these characteristics of Teresa Mira should be ours and help us to put into practice our constitutions being like her "Being women inhabited by the Trinity..., happy in her self-surrender... We grow as a community in as much as it increases our capacity to give ourselves without reservation" (Const. 38).

Through the distinctive characteristics of our fraternity, our constitutions offer us a whole program of life, that we already discover in the life Teresa Mira: "Simplicity, fraternity and trust in dealings with one another, esteem for the value



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of friendship, constant joy, practice of the human virtues, renunciation of one's own interests for the common good, communitarian sense of mission" (Const. 39). Living in tune with the Gospel and imitating our sister Teresa Mira, our heart, our communities, our families and our relations will be the visible signs of Trinitarian communion.

2. With Teresa Mira, TO ANNOUNCE THE BEAUTY OF THE CHURCH ...

... of each human being with the purpose that he / she will discover himself / herself as a living image of the Church and member of his Body

See how much the Father has loved us! His love is so great that we are called God's children, and so, in fact, we are! (1 Jn 3,1).

In this they will recognize that you are my disciples, if you have love for one another (Jn 13, 35).

Love is what makes of our families and communities the small churches and what makes us similar to God. Loving, we not only reflect the beauty of God-Trinity and of humanity created at his image, but we also announce this beauty to our brethren, discovering for them the loving face of God the Father, the Son and the Holy Spirit.

The love that we have for one another in community, in the family, makes of us prophets and disciples of the beauty of the Church, God and neighbor.

We are called to remind to every human being:

"you are lovable like God himself: you are beautiful as God himself, because your beauty is the beauty of God himself impressed in human being and communicated to all creature" (MR 9,18).

Sister Teresa Mira represents the qualities and virtues that make manifested the beauty of every person created at the image of God. Goodness, sincerity, gratitude, righteousness, honesty, patience, trust in God, piety, obedience... with these qualities she is able to bring others to God. To bring others to God makes of her whole life a mission. How does she do it? She invites us to change, to get closer to God and to the neighbor doing good to all. Her positive way of looking at others and at the world makes them experience the merciful love of God who came not to condemn, but to save and give life.



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Our mission means to remind to every person, especially those who in our society live marginalized, forgotten, apart: that he / she is beautiful and loved by God who created us with love and that his love for us is eternal and unconditional.

What does our Constitutions say about "announcing the beauty of the Church"?

As consecrated persons, "loving the Church totally and unreservedly, we are sign, memory and prophecy of her beauty" (Const. 10). "Our consecration sets us free, ready to proclaim the beauty of the Church" (Const. 11).

We announce the beauty of the Church "directing all our energies to defend and make shine the dignity of each person, created in the image of the Trinity. We denounce whatever attacks God's project of communion for humankind" (Const. 12).

In the same way, like Teresa Mira, to announce the beauty of the Church is to "develop our femininity in a profound and fruitful way by giving ourselves generously to the Church, promoting life wherever we are and being ready to dedicate our life serving her" (Const. 12).

To announce the beauty of the Church makes us participate actively in the mission of Jesus of saving humanity obeying to the will of his Father. "In the experience of Francisco Palau, the needs of the most vulnerable persons indicate the way of obedience" (Const. 16).

Teresa Mira, a woman obedient to the will of God, announced the beauty of the Church through her humble, simple and surrendered life, inside and outside the community.

Let us listen the testimonies of the persons who knew her:

"She tried to put peace in everything and to avoid any kind of heaviness or disturbance, even in the womb of our own family. She was very open with everyone".

"She was praying and sacrificing herself for the sake of sinners, in a special way for her own father".



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"She was patient and complacent; she knew to lose her own rights and initiatives if it might please someone else".

"What called my attention the most about her, only by seeing her walking on the street, was her whole being that had something very attractive: sweetness in her eyes, a smile, seriousness in her steps, everything was attracting me. To encounter her was producing joy and happiness in me".

"She was very kind with everyone. She was helping everyone; you could always find her present in any kind of need. She never spoke bad thing about anyone..."

"She was helping everyone, especially making them trust in the Lord and accept his will. She was suffering because of the sinners, for the sake of salvation of the souls. I know that she offered her life for the salvation of his father".

"Every day, even in times of war and in spite of difficulties and problems that it could give to her, she was coming to the house of the priest Fr. Carlos de Lopes and some other priest, accompanied by her sister Ela, to receive the Lord. After that, she was bringing Jesus in the Sacrament for all of us so we might receive Him too".

For Sister Teresa, there was no distinction in persons; for her there was no 'red' no 'white', believers or non-believers. She was doing good to all without any kind of distinction".

"Her soul was strong and unwearied. She was the one who, during war, maintained high spirit and who was animating us in the Lord. She never got discouraged nor allowed herself being down because of the events".

What can I learn from Teresa Mira and her way of announcing the beauty?

Which one of her attitudes can I imitate in my relationships and in my mission?

- ✿ To create and sow peace in my surroundings. It is the best way of evangelizing. The greeting of Jesus after his resurrection is "May peace be with you" (Jn 20:19-31). This peace announces and opens the future for his disciples, liberates them and turns their sorrow into joy. Ask the Lord to cloth me with his beauty, sweetness, goodness, patience so I will be also the sower of peace, this peace that restores the broken relationships. That all who surrounds me may feel the presence of God.
- ✿ Openness and transparency in my relationships: relationships "founded in charity", where we live a true communion without masks and in sincerity in our manner of communicating our feelings and in our actions.



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- ✿ Prayer and sacrifice: to avoid anything that could harm others, like destructive critics, false judgments, jealousy, etiquettes... and to dedicate myself more to prayer for the conversion of the souls, accepting certain sacrifices in daily life for the good of others.
- ✿ Being patient and kind: to accept, not with resignation but with love, the differences and limitations of others. Accepting to lose so that my sister or brother might grow.
- ✿ Being of service: to be attentive to the needs of others, to win over egoism and individualism that blind me and don't allow me to discover that the others need my word, smile, attention, gaze...
- ✿ Thirst of God: allow God to be the owner of my life, receiving sacraments, specially Eucharist and Reconciliation. To awake, from my life, this thirst of God in my brethren.
- ✿ Universal love: to fight against any kind of division in community and family avoiding any kind of language that could hinder unity in diversity and communion.
- ✿ Strength of the soul: "do not be afraid, it will be fine", Teresa Mira used to say animating her sisters. To be a person who animates and not discourages; a person who invites to go against the worldly current which sometimes invades our relationships and doesn't allow us to live happy and faithful to our commitment as Christians and religious.

Teresa Mira was like this!

3. With Teresa Mira, TO RESTORE THE BEAUTY ...

... of every human being where it is veiled, carrying out a liberating and healing service for the wounded Body of the Church.

"Lord, if you wish, you can make me clean". He extended his hand and said; "I wish, be clean" (Lc 5, 12-13).

Jesus not only announces the beauty, but he also restores it, liberates and heals. The will of God is that we all might be healed from our evils, our egoism, indifference, hatred and jealousy, of all that separates us from him, of all what makes love a failure.

Jesus reveals to us the tenderness and mercy of the heart of "God who is rich in mercy".



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Saint Paul reminds us that "We are collaborators of God: we are the field of God, the building of God". Because of that, we are called to collaborate in restoring the wounded body of Christ in our brethren through the concrete gestures of love.

To restore means to love extremely, even up to the point of giving our life at example of Jesus, who "loved his disciples who were in the world until the end" (Jn 13:1). To be close to those who suffer, to care for them, to love them. To remain at the side of those who were rejected and forgotten, to remember that they are also worthy and loved by God, by us.

What does it mean for me: TO RESTORE, TO REPAIR, TO REMAIN?

In this area of restoring and repairing the beauty of the Church, I got inspired by the deep desire of Pope Francis of being in communion with the afflicted, a desire he expressed in the Bulla for the Jubilee Year of Mercy: "Wherever the Church might be present, the mercy of the Father should be patent there. In our parishes, communities, associations and movements, in the end, wherever the Christians might be, everybody should be able to find an oasis of mercy... that we all might rediscover the joy of the tenderness of God" (MV).

An oasis is a fertile space in the desert, a place where there is water and plants in a desert. It's a place of life. It is there where one can find refuge, consolation, restoration, healing and interior renewal. Where one can recover his interior beauty making an experience of the merciful love of God. A place of listening, of staying and remaining at the side of those who suffer and of reminding them that they have dignity and are loved by God and by us. It is also a state of interior peace, of profound joy that is born out of the encounter with him who loves me and fills me with his tenderness.

"Come to me, all who are weary and burdened, and I will give you rest", Jesus says. Teresa Mira made of her heart this oasis where she was carrying with love the afflictions of those who trusted in her, from her listening, prayer, words of consolation. In her, the others found rest when, listening to her and seeing her living, they were feeling less burdened with their preoccupations.

Other testimonies reveal to us the restoring attitudes of Teresa Mira. Naming some of them:

"During the time of war, Teresa Mira was an arm to cry on for me. She always encouraged me to trust in the Lord and in his love... The difficult moments of her life she spent them consoling others"



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"I was able to have several intimate conversations with the Servant of God, because I was able to say everything to her. Her examples to encourage and console me were coming directly from heaven, from the love of God; she was encouraging me to trust and wait in the Lord".

"She was a friend to anyone who might need it. She was praying for everyone and helping everyone. To do good was her only concern; she was ready for whatever it might take to take care of those who needed her".

"The spiritual good of persons was her greater concern. She was encouraging us and helping us to trust in the Lord and to follow him and love him heartily".

"I remember that she used to go out very early to buy things and she was 'getting lost'. She wouldn't come back until it was already late, because she was taking advantage of this time not only for buying, but also to visit the sick in their homes or the needy to show them her concern and encourage them".

"If she would see any girl with low mood, she would do anything to bring her back. She was always ready to help others... for every one she had a word of consolation and encouragement".

"In her last sickness, conscious that she was living her last days, she abandoned herself in the Lord in a way that, instead of taking care of herself, she would do her best to animate others and to make easier the ultimate pain of separation. She didn't want us to live anxious or afflicted for this reason. She was always consoling others".

Through this example of life of Teresa Mira, I feel invited, as consecrated and CMT, to cloth myself with liberating and healing strength of Jesus through my words, my listening, my prayer, my testimony of life and concrete gestures of sincere love.

What do Constitutions say about that?

"Since my childhood I felt possessed and dominated by a passion called love..." (MR p.719).

The love that was burning in the heart of our Founder is the love that liberates, love that renews, repairs and restores the beauty of humanity created at the image of God, especially of the wounded Body of the Church. "Attentive to the mandate of our Founder, we contemplate with particular attention in the Body of Christ so many



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brothers and sisters of ours who are wounded, crucified, destitute, persecuted and mocked, and we go forth to meet their needs" (Dir. 11).

In his Letters, Father Francisco Palau left his spiritual legacy of gazing at Christ in those who suffer and to offer ourselves to take care for him: "Look at this Body that is his Church, wounded and crucified, indigent, persecuted, despised and bullied. And under this consideration, offer yourself to take care of him and give him those services that are at your hand" (Letter 42,2). The Constitutions would say: "Our missionary commitment springs from this contemplation of the depths of each human being and of the reality which surrounds them, it is a liberating and healing service to His injured and wounded Body" (Const. 3) (Letter 39,7; 41,2).

Our mission of restoring and repairing the beauty is also expressed through our relations of communion in community and family: mutual love and forgiveness, sincere treatment and mutual respect "when we live love from forgiveness, we enjoy community as a place of celebration" (Const. 43), likewise "the care of sisters who are sick and old" (Const. 46).

What can I learn from Teresa Mira?

How would I like to restore the beauty in my surroundings, in my daily life, in my family, in my community, in my apostolate?

- ✿ Personal and communitarian efforts to create the ambience that favors communion in my surrounding.
- ✿ "I could tell her everything", one witness says. To be a sister to whom others can tell anything, a sister who consoles, an "Oasis of mercy" for all, that all who surround me may "experience the tenderness and mercy of God" at example of Teresa Mira.
- ✿ "She was friend of anyone who needed it". Just like Teresa Mira, to foment relationships of fraternity with everyone in community, to be trustful.
- ✿ To be at the side of those who suffer and those who need the most to be encouraged and consoled. To be a sister concerned with the needs of others and fight against indifference and individualism, the great enemies of universal charity that Teresa teaches us.
- ✿ Like Teresa, to sow peace, knowing always how to forgive and how to be a woman courageous enough to construct communion, fomenting justice and truth in my mission and in my community.

Teresa Mira was like this!



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4. With Teresa Mira, TO LISTEN AND TO ANSWER ...

... In total availability to the urgent needs of the Church.

« *When the poor cries, the Lord hears* » (Ps 34, 7).

Pope Francis presents us to the Lord who listens to the poor crying to him with hearts filled with sorrow, solitude and exclusion; all who are deprived of their dignity to receive light and consolation; all who are persecuted in the name of false justice, afflicted and scared with violence.

The Lord answers to these poor proclaiming them blessed: "Blessed are the poor in the spirit, theirs is the Kingdom of heaven" (Mt 5:3).

We cannot listen and remain indifferent in front of these urgent necessities of the Church, but we need to answer, like Jesus did. There are many ways of answering. "The believer extends his hand, like Jesus does with him", says Pope Francis. And how do I answer to the cries of my brethren wherever I might be, in my community, in my family, in my mission?

"The commitment with the suffering Church requires from us to answer as Congregation in front of any situation of emergency or catastrophe" (Dir 11). As CMT, how do I answer or extend my hand to the needs of others?

As consecrated women, in Mary we encounter our model of listening. "We look at ourselves in her because, with her trustful listening to the Word and her availability to the Plan of God, she helps us to go forth to encounter our brothers and sisters, putting into practice our love, service and intercession" (Const. 36).

From Mary we learn not only how to listen, but also how to answer. "We have Mary as our model. She is the missionary who lived in absolute openness to the will of the Father. Feeling herself family with humanity and moved by the Spirit, she brought forth new relationships of freely given love and service in her day to day life" (Const 22).

Mary answers with concrete gestures of love and generosity, generating new kind of relationships. We see her in hurry going to the house of her cousin Elisabeth to serve her.



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To listen and to answer in the life of Teresa Mira

The whole life of Teresa has been this interior movement of "feeling compassion" towards everyone. The witnesses say that she never rejected anyone; she was known in Novelda and wherever she was passing, people stopped her and she was listening their sorrows and joys; she allowed them to embrace her, kiss her; she loved everyone and allowed others to love her.

In Teresa one could experience the kind of listening that transforms, restores, liberates. They were calling her "the sower of peace". Peace is a sign of welfare and interior healing. "I leave you my peace, I give you my peace; not like the one that the world could give" (Jn 14:27). The sign of liberation of the disciples from their fears, anxiety... is the peace that Jesus transmitted to them. "Do not let your hearts be troubled, do not be afraid", Jesus says.

True disciple of Jesus, Teresa transmits peace and promotes it in her life and her words. "Don't be afraid", she used to say during war. "Whoever got close to Teresa, was leaving tranquil and serene in sensation of peace that he/she was receiving from her".

"Her life was continuous prayer... I know that she was taking advantage of any free moment she had to spend them in front of the Holy Sacrament". From her listening to God in prayer, her listening to others was born. Her attitude of listening was expressed in "direct relation she was having with every one she might encounter on the street".

She was listening to everyone with love and tenderness and she was inspiring an attitude of responding to love of God and neighbor: to do good to all.

This attitude of Teresa calls me to make an exam of conscience and renew my relationships:

- ✿ Am I a kind of a sister who listens and transmits peace, wherever I might be? Or am I the one who disturbs, discourages, critics, destroys instead of constructing...?
- ✿ How well do I listen to God and to my neighbor? With attention and love?
- ✿ Does my relationship with God in prayer have any impact in my relationship with the persons with whom I share my life and mission?

Teresa invites me to "weave the new relationships" with my brothers and sisters wherever I might be. She is teaching me to be "an oasis of mercy" for others,



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creating an ambience favorable in my surroundings. An ambience of family and community where everyone feels good and is happy.

My words and gestures should speak of peace, communion, service, universal charity, reconciliation and forgiveness. My relationship, my way of listening, of being and responding to the most urgent needs of my brothers and sisters should encounter its source in my deep relationship with the Lord.

To listen to the Lord and to be filled with of Him, to listen to my brethren, to my sisters, and answer to their cries, will make me happy.

CONCLUSION

At the end, the message of Teresa Mira is a challenge for consecrated and Christian life today, when we live in lockdown due to the pandemic of coronavirus. "Stay at home" obliges us to be always together, because there are no activities outside, to look at each other's eyes, sharing our bread, prayer, daily tasks... Teresa Mira invites us from the testimony of her life to the authentic life of communion in the middle of quarantine, rediscovering "the value of the family and communitarian sense", in the words of Pope Francis.

Teresa Mira indicates us, from her life, the way of the Gospel lived in simplicity, in trusting in the Lord and in humility as the best way of living in creative fidelity our charism. How? Creating communion; announcing and restoring the beauty; listening and responding in total availability to the most urgent needs of the Church, in the daily life and in the apostolate, making an option "for simple actions, knowing that one word or gesture can renew life and the way of our relation with God, with ourselves" (Const. 22).

Let us give thanks to God for the gift of our sister Teresa Mira to the Church, the world and our Congregation.