

6th Sunday of Easter
Gospel of John 14:23-29
Asia



Reflecting on the Gospel today reminds me of the following reality:

To love Jesus means to walk on his words; “Whoever loves me will keep my word...” (Jn 14,23). The word of the one we love becomes not only valuable and significant, but a point of reference, of following and obedience. As an expression of love, of trust and confidence in the word of the one we love. The one who loves, listens and follows the one he loves. “My sheep hear my voice, I know them, and they follow me” (John 10,27). **And to abide his words is to be in communion with him and with the Father** as a consequence. “If ye love me, keep my commandments” (John 14,15). To love is to reach out, to act according to the commandment. Love complements with action. Love is not theoretical, but action.

That I am never alone; “the advocate, the Holy Spirit, whom the Father will send in my name, will teach you everything and remind you of all that I told you” (John 14,26). The Holy Spirit is God’s enduring presence in us, to teach us, to defend us, to give us peace, to comfort and counsel us especially when we needed it most. A consoling truth that we are not orphan, but always guided, protected and loved.

That I have nothing to fear; “Peace I leave with you, my peace I give to you... Do not let your hearts be troubled or afraid” (John 14,27). A heart who trust, surrender and detach on his own will, is a heart at peace and united with oneself, with others and with God who loves us always.