

THIRD DAY

To be a disciple means to leave everything and choose the lifestyle of Jesus. It is to enter into communion of life and following Him. It is to enter its orbit. Our Sr. Teresa Mira **knew how to leave everything** once and for all to follow him. Animated by hope, she made her life a witness that led her brothers and sisters to Jesus.

“Her life had no other objective than to attract everyone to Jesus Christ, always with a smile on her mouth, doing good to everyone and in everything and avoiding any evil at all costs”.

(Gloria Nos Esteller, Super Virtutibus, Summarium, p. 191)

Prayer to Sister Teresa Mira

Ask for the grace you desire.

Song

*Oh, God! who delights in
humble and simple souls,
glorify your servant Teresa
who made the ideal of her
life to love you without
ostentation and to give
herself for your love to those
who have come to know her,
grant that we may know
how to serve you and love
you as she did, without
reserve, and the grace that
we now ask of you through
her intercession. Through
Jesus Christ our Lord.*

Amen

SR. TERESA MIRA

26 September 1895-2024



*Triduum in preparation
to his feast day*

YEAR 2024



Teresa Mira teaches us that the Church should be the source of hope in our lives. It is in the exercise of this theological virtue that the disciple can live in union with the Most Holy Trinity and where he can find the strength to smile even in the midst of life's difficulties.

As Pope Francis points out on the occasion of the 2025 jubilee: "We all hope. In the heart of every person nestles hope as a desire and expectation of good, even if we do not know what tomorrow will bring. However, the unpredictability of the future gives rise to often conflicting feelings: from confidence to fear, from serenity to discouragement, from certainty to doubt. We often find discouraged people, who look to the future with skepticism and pessimism, as if nothing could offer them happiness. May the Jubilee be an opportunity for all to rekindle hope." (*Spes non confundit* N° 1).

In these days of preparation for the celebration of the anniversary of the birth of our sister Teresa, may we renew the desire made commitment to be signs of hope like her.

DAY ONE

By dint of hope, Teresa **lived strongly united to that God** whom she loved as only the simple know how to do. This is the great secret of this woman. She knew how to maintain within herself the presence of the living God, of the God who is love. She simply let Christ work in her heart, and for that very reason, He flooded her with extraordinary peace.

"I judge that it was only the union with God that she lived, the engine that impelled her to serve others, to teach them the way of goodness and to lead them to Jesus Christ".

(Teresa Lladser Esteller, *Super Virtutibus, Summarium*, p. 209).

Prayer to Sister Teresa Mira

Ask for the grace you desire.

Song

SECOND DAY

The tranquility of the soul so characteristic of Sr. Teresa came out in a very simple way: **through her smile**. A smile that said it all. A smile that captivated children and adults, because it was a smile full of tenderness, understanding, delicacy; capable of reassuring the most bewildered heart or of raising the spirits of those who had lost it. Those who looked at her quickly grasped that she was a different and transparent woman, a woman of hope.

"You always found her with a smile on her lips and with a spirit raised to God, in whom she fully trusted".

(Gloria Nos Esteller, *Super Virtutibus, Summarium*, p. 189).

Prayer to Sister Teresa Mira

Ask for the grace you desire.

Song