



Triduum Sr. Teresa Mira 2025



The jubilee year began with a symbolic act: the opening of the Holy Door. The door, sealed for 25 years, is opened so that the faithful can cross its threshold as an act of forgiveness and reconciliation. Also as a call to make a path of mercy.

Together with our sister Teresa Mira, we can open, in a special way at this time, three doors that she habitually crossed. We invite you to open those doors: the door of prayer, a theme to which we have dedicated the year 2024 in preparation for the celebration of the Jubilee; The Door of Mercy and the Door of Service.



Teresa, faithful to the Teresian Carmelite tradition, found in prayer the door to her interiority. Prayer allowed Teresa to be in a constant attitude of pilgrimage to the center of herself, where she could meet the Holy Trinity. Thus she became a teacher of prayer.

Testimony about Sr. Teresa Mira

"During the long period that he was chaplain of the school of the Carmelite Sisters, the Rev. José María Navarro Cañizares, at that time coadjutor of the parish of San Pedro of Novelda, heard him say with great vividness that: "the life of intense prayer and the fervor of the religious life that he observed in Sister Teresa had no comparison with that of the most eminent saints" (Francisco Martínez Gilabert, Super Virtutibus, Summarium, p. 131).

A Teach us to pray

"May prayer therefore be the compass that orients, the light that illuminates the path and the strength that sustains the pilgrimage that will lead to crossing the Holy Door. Through prayer, we will be able to reach out with a heart prepared to welcome the gifts of grace and forgiveness that the Jubilee will offer us, as a living expression of our relationship with God. Let us immerse ourselves, then, in prayer, in a continuous dialogue with the Creator, discovering the joy of silence, the peace of abandonment and the power of intercession in the communion of saints." (Teach Us to Pray, Living the Year of Prayer in Preparation for the Jubilee 2025 p. 8)

Prayer to Sister Teresa Mira

O God, you take delight in the simple and the pure of heart! Glorify your servant Teresa whose ideal in life was to love you with unassuming dedication, and to give herself for love of you to all whom she met. Give us the grace to love you as she did, without reserve, and the favour we now ask through her intercession. Through Christ Our Lord. Amen.

Chant



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Teresa during her life showed herself to be a true missionary of mercy. She was a woman who exercised that ministry in her environment. She was an instrument of reconciliation and helped many to look to the future with hope born of God's heart. Her close and affable treatment with

everyone, regardless of the person's condition, was recognized and valued by those who knew her.

Testimonials about Sr. Teresa Mira

"She lived, moreover, at all times joyfully, with trust in God and waiting for his mercy, as do the poor of the Gospel" (Fuensanta Belló Moya, *Super Virtutibus, Summarium*, p. 118).

"She was very happy when she learned that in Novelda some families had forgiven the executioners, who caused the death of a family member, killed because of their faith or their political ideologies. She made us see that the Lord had done so before from the cross" (Francisco Martínez Gilabert, *Super Virtutibus, Summarium*, p. 133).

Misericordiæ Vultus

"We always need to contemplate the mystery of mercy. It is a source of joy, serenity and peace. It is a condition for our salvation. Mercy: it is the word that reveals the mystery of the Most Holy Trinity: mercy. It is the ultimate and supreme act by which God comes to meet us. Mercy: it is the fundamental law that dwells in the heart of every person when he looks with sincere eyes at the brother he meets on the path of life. Mercy: it is the way that unites God and man, because it opens the heart to the hope of being loved forever despite the limits of our sin" (*Misericordiæ Vultus*, n. 2).

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Prayer and mercy give way to opening the door of service. Teresa will live aware that she no longer belongs to herself, that Love with a capital L has no timetable. Her joyful and serene service was present on multiple occasions.

Testimony about Sr. Teresa Mira

"There was no room for favoritism or distinctions. She loved everyone equally and she gave herself to everyone when they needed her. This is difficult to carry out throughout life and continuously. She should carry within her 'something special' that pushed her to give herself without reserve, and that 'something' cannot be anything other than her faith and love for the Lord" (Antonio Mira Esteve, *Super Virtutibus, Summarium*, p. 123).

Spes Non Confundit

"... .. the Apostle Paul invites us to "rejoice in hope, to be patient in tribulation and persevering in prayer" (cf. Rom 12:12). Yes, we need "hope to abound " (cf. Rom 15:13) in order to witness in a credible and attractive way to the faith and love that we carry in our hearts; so that faith may be joyful and charity enthusiastic; so that each one may be able to give even a smile, a gesture of friendship, a fraternal gaze, sincere listening, gratuitous service, knowing that, in the Spirit of Jesus, this can become a fruitful seed of hope for those who receive it» (Bull Spes Non Confundit, n. 18).

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