

CLOSING PRAYER

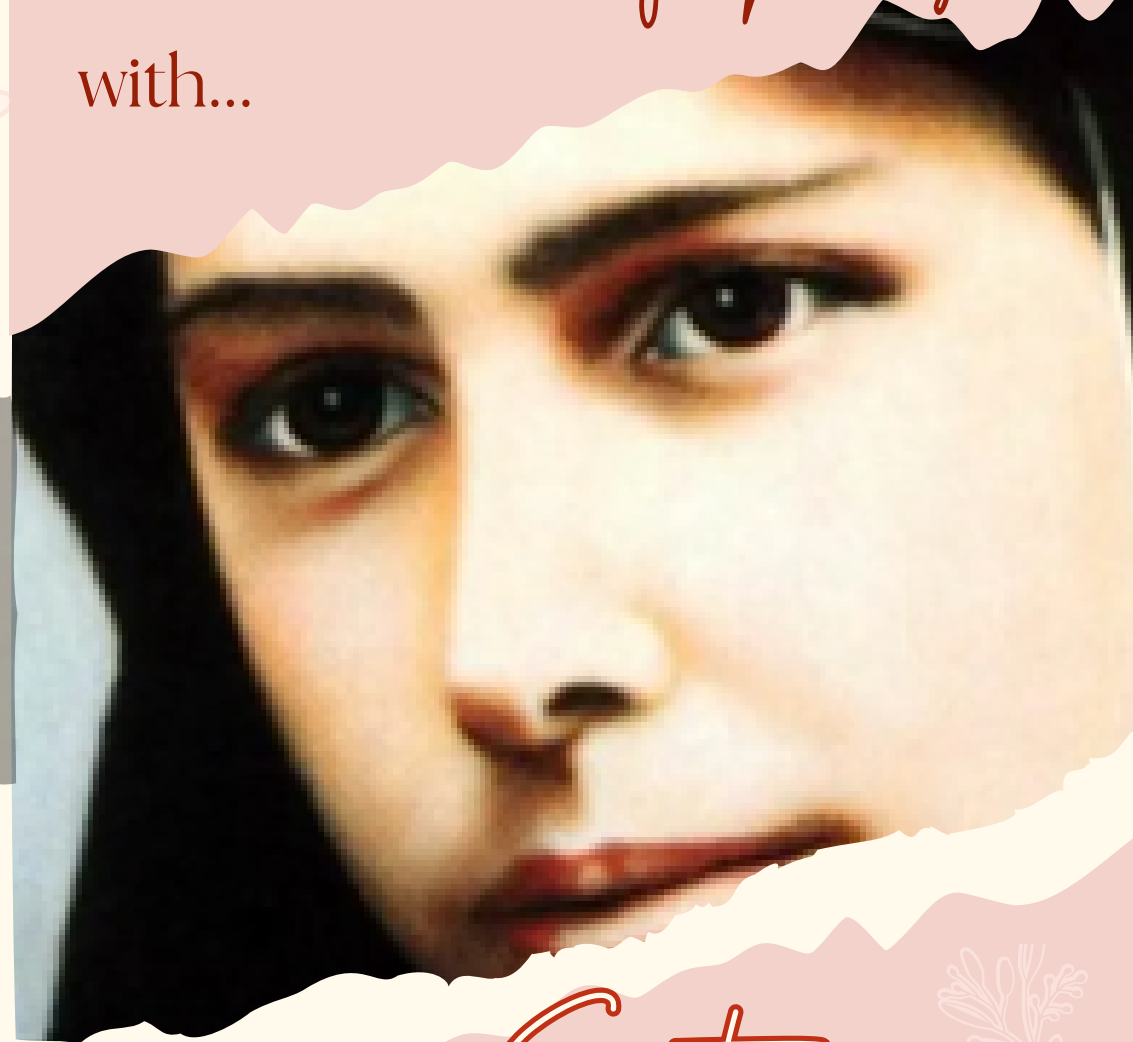
Lord, we pray through the intercession of Sister Teresa, for all the situations and people we have placed before her image today. May more of us may devote our lives to helping others.

Help us to recognize the needs of those around us so that we may offer them a helping hand and a smile. Permit us to see with through the eyes of Teresa Mira, and like her, discover Your face in all parts of our lives and be able to live fully in your company.

Let us pray together

Oh, God! you delight in the simple and humble of heart. Glorify your servant Teresa whose life's ideal was to love you above all, and to give herself for love of you to all whom she met. Grant us the grace to serve and love you as she did, without reserve, and the favour we now ask through her intercession. Through Jesus Christ our Lord. Amen.

*A moment of prayer
with...*



*Sister
Teresa Mira*

A MOMENT OF PRAYER WITH SISTER TERESA MIRA

Materials: pens, paper hearts to write inside (one for each person), image of Teresa Mira.

REFLECTION:

Sister Teresa had discovered that God is Love, that His Word illuminates life and helps us become great people. So she spent her days connected to God, speaking with Him as with a friend, finding in Him the strength and joy she needed. She felt that He listened to her and was always with her on her journey through life.

(brief silence)

Those who knew her said that what characterized her was her kindness, her readiness to help, her joy, and above all, her smile. With that smile, she conveyed the joy of being with God and of helping others.

(brief silence)

We live in difficult times, with major global conflicts, natural disasters, hunger, injustice, and much more. However, this time is a great opportunity to live with hope, to trust that God is in us, in our brothers and sisters, and to smile as did our sister Teresa Mira, especially at the most disadvantaged.

Pope Francis says in his encyclical letter Fratelli Tutti No. 78:

"Let us seek out others and embrace the world as it is, without fear of pain or a sense of inadequacy, because there we will discover all the goodness that God has planted in human hearts. Difficulties that seem overwhelming are opportunities for growth, not excuses for a glum resignation that can lead only to acquiescence. Yet let us not do this alone, as individuals."

With each step Teresa responded to the reality of the Church of her time, and she did so with a smile. In her testimony Gloria Nos Esteller testifies:

"You would always find her with a smile on her lips and her spirit lifted up towards God, in whom alone she trusted. She always encouraged everyone to trust in God and to please Him"

Super Virtutibus, Summarium, p. 189

It's worth asking ourselves:

What steps, what actions bring me closer to God and therefore closer to others?

Let us think of specific situations, of specific people who, like Sister Teresa, move quietly through life, whose actions help others and who make life more pleasant.

GESTURE:

Write the remembered names and/or situations on your paper heart and place it before the image of Saint Teresa.